

# Terrain vs. the Germ Theory

Antoine Béchamps terrain theory suggests that it is the internal strength or balance of an individual that protects or fails to protect him/her from illness. For instance, if four people go to a yoga class together and one of them has a cough with phlegm and is sneezing, why is it that two out of the three healthy individuals get sick with the same condition and one person doesn't? The answer is due to individual terrain. We are all exposed to microbes, however, Béchamp suggest that if the pH of the body is slightly more acidic in nature, the body produces more "food" for germs to feed upon and our risk of becoming sick increases. (We will discuss the concepts of acid and alkaline in the nutrition section of this site.) Basically, it is not only the microbes we need to be concerned with but also the health of our bodies "medium" or internal environment that supports the growth and mutation.

**"The primary cause of disease is *in us*, always *in us*."**

**Antoine Béchamp 1883**

**The most popular view of illness is based on the theory of one of Béchamp colleagues, Louis Pasteur.**

**According to Pasteur's germ theory, illness is due to bacterial, viral, and parasitic exposure. However, if exposure was the only variable in determining illness, then all three of those individuals should have gotten sick.**

**Clearly, there is more to illness than what the germ theory has to offer and Chinese medicine concerns itself with the "other" factors, those that lay the groundwork for the strength and balance of the body's terrain.**

**It's not the bacteria or the viruses themselves that produce the disease, it's the chemical by-products and constituents of these microorganisms enacting upon the unbalanced, malfunctioning cell metabolism of the human body that in actuality produce disease. If the body's cellular metabolism and pH is perfectly balanced or poised, it is susceptible to no illness or disease.**

**So in other words, disease associated microorganisms do not originally produce a disease condition any more than a vulture produces a dead rabbit or rats produce garbage.**

**The diseased acidic cellular environment was created by a toxic diet, toxic environmental exposures and a toxic lifestyle supporting the morbid changes of germs to bacteria, bacteria to viruses, viruses to fungal forms and fungal forms to cancer cells in the body. This classical error of referring to symptoms as the disease is perpetrated to this day in all medical schools trickled down from the professors (whose bread is buttered by the pharmaceutical industry), to all med students with the intent of brainwashing the young, and coming physicians to a kill mode mind-set and to be legal script writers and butchers who perform unnecessary surgical procedures.**

The reason why all physicians are kept in the dark by medical schools teaching Pasteur's germ theory is that if they are taught the truth that it's the inner condition of the patient (i.e. oxygen deprivation, nutritional deficiencies, acidic pH, built up toxins in and around the cells, poor circulation, toxic emotions, etc.), not the germs that creates the growth medium for bacteria, viruses, parasites or cancer cell growth, the majority of doctors would throw away their script pad and surgical knife and focus their treatment protocols on reestablishing a healthy cellular environment, which keeps the germs, bacteria and viruses in check.

By killing the viruses, bacteria or cancer cells with their destructive weapons of war, they trigger microzyma evolution that makes the enemy pathogens stronger by creating resistant strains reaping more disease in the future. Nobody correlates their newly formed disease a year later with the past drug therapy. The result if the truth was told, a multi-billion dollar sick care industry that has been meticulously built by the global elite for a century would be exposed and crumble like the Babylonian empire of old. There is no medical doctrine so potentially dangerous as a partial truth implemented as whole truth.

Because of political reasons, Antoine Béchamp name and research findings along with the germ theory controversy have been omitted from history, medical and biological books, even encyclopedias. It seems that the historical scientific assassination of Antoine Béchamp resulted in medical science's monopolization of pharmaceuticals and vaccine research. This has meant untold misery for the human race. It's ironic that Pasteur himself was reported to have admitted on his deathbed that Claude Bernard was right — the microbe is nothing, the terrain is everything, but would never give credit for Béchamp discoveries. Béchamps discovery in his early research, that all living things contain tiny granules, which he named microzyma's, was the most profound discovery of the 20th century.

#### **Microzyma's Can Trigger Either Life Or Death**

Microzyma's (meaning small ferments), inhabits cells, blood and lymph fluid. They act as both the builder and recycler of organisms. They inhabit cells, the fluid between cells, the blood and the lymph. In the state of healthy terrain. microzyma's act harmoniously and fermentation occurs normally and beneficially making healthy aerobic microbes like acidophilus and bifidus.

Under diseased pathological internal conditions (low oxygen, malnutrition, acidic pH, poor circulation, etc.), microzyma's can change the faces of microbes like a chameleon. This is called pleomorphism. Pleo means many and morph means form. So pleomorphism means to change to many forms. These pathogens can either evolve or devolve depending on the surrounding conditions of the cell. The answer in disease processes lies in the condition of your cellular balance or will it support the development of unwanted guests?

In the early stages of acidic pH in the body's tissues, the warning symptoms are mild. These include such things as skin eruptions, headaches, allergies, colds, flu and sinus problems. These symptoms are frequently treated (manipulated) with antibiotic drugs and suppressive medications. With continued suppression of the warning signals of an acidic and nutrient deficient environment, more serious symptoms arise with the disease driven deeper. Weakened organs and systems start to give way (heart, lung, thyroid, adrenals, the

**liver, kidneys, etc.).**

**Unfortunately, symptom manipulation with pharmacology creates a magical shell game of switching diseases, creating more serious symptoms and disease conditions in the future that are totally different from the original disease. The quick fix drug game of voodoo medicine is what's causing the disease epidemic in this country and puts hospitals and doctors as the number three killer in the U.S.**

**So what is modern medicine doing with their destructive weapons of war? You can't kill microzymas, they're indestructible. You can only trigger a morbid evolution of anaerobic pathogens to molds, fungus, yeast and cancer. It's the microzymas that are responsible for the decomposition of a dead body back to the soil and creating life to the soil for future plant growth.**

**Microzymas are an indestructible living entity that cannot be destroyed by heat, antibiotics, or any other weapon of war. My view is that the toxins (acids) from the microforms combine to provoke the body to produce symptoms of a healing crisis to purge or eliminate the toxic residues from the nose through a runny nose, the skin through sweat, the colon through diarrhea, and increased respiration. So it's important to remember, it is not the pathogens themselves which initiate disease, they only show up because of an acidic, compromised, cell terrain. Mosquitoes seek the stagnant water, but they don't cause the swamp to become stagnant.**

#### **All Disease Is Acid Related**

**In general, degenerative diseases are the result of acid waste build-up within weak cells and organs that are too weak to clean house. When we are born, we have the highest alkaline mineral concentration, establishing the highest pH. That is why most degenerative diseases do not occur when you are young. They occur usually after 40 years of age.**

**The underlying causes of cancer, heart disease, arteriosclerosis, high blood pressure, diabetes, arthritis, gout, kidney disease, asthma, allergies, psoriasis and other skin disorders, indigestion, diarrhea, nausea, obesity, tooth and gum diseases, osteoporosis, morning sickness, eye diseases, etc., are the accumulation of acids in tissues and cells, poor blood and lymph circulation, and poor cell activity due to toxic acidic residues accumulating around the cell membrane which prevent nutritional elements from entering the cell.**

**All scavengers breed like parasites. After food is digested and absorbed into the bloodstream it is carried to all 75 trillion cells of the body via the circulatory system. The body eliminates what it can and the remainder settles in the weakest cells. Those which are not strong enough to clean house. In this accumulating, deposited, dead waste matter and pustulant soup, germs like bacteria, viruses, fungus and parasites breed. Rotting takes place and pus (which is decomposed blood), parasites, flukes, tapeworms, hardened mucous and other acid waste products form. This, science calls disease.**

**And the name of the particular disease depends upon the location of the deposits of this acidic, toxic, pustulant soup. If the accumulating deposits are in the joints it's called arthritis. If the poisonous waste matter accumulates in the pancreas and saturates the beta**

**cells that synthesize insulin it's called diabetes. If the toxic sludge is dumped in the lungs it's called chronic obstructive pulmonary disease. It's the same disease. Wherever your weakest link in the chain of organs is, that's where your genetic disposition for disease will be.**

**If the overload is too great for the blood, excess acid is dumped into the tissues and cells for storage. Then the lymphatic system and immune system must neutralize what it can and attempt to discard the toxic waste. If the lymphatic system is overloaded generally due to a lack of exercise, acid deposits will suffocate the cells and damage DNA. If the lymphatic system is pumping through exercise and circulation, they will pick up the acid wastes and neutralize them through the kidneys. Unfortunately, they must dump them right back into the blood stream. This will force the blood to attempt to gather more alkaline salts in order to compensate while stressing the liver and kidneys. This robs Peter to pay Paul.**

### **Body Electric**

**A healthy condition depends upon a high level of electromagnetic negative charge on the surfaces of tissue cells. Acidity is the opposite charge and dampens out these electrical fields. If tissue pH deviates too far to the acid side, cellular metabolism will cease and oxygen deprivation will occur. Acidity and lack of oxygen are the ideal environmental condition for morbid microforms to flourish. These are the primary symptoms of disease. So in short, acute or recurrent illnesses and infections are either the attempt by the body to mobilize mineral reserves from all parts of the body, or crisis attempts at detoxification. For example, the body may throw off acids through the skin, producing symptoms such as eczema, dermatitis, acne, or other skin disorders. Chronic symptoms result when all possibilities of neutralizing or eliminating acids have been exhausted.**

**So unless the treatment actually removes acids from the body and replaces nutrient building blocks, the cure at best will be only temporary and a cover-up Band-Aid therapy, shoving the disease deeper into a chronic state. Remember, there is not one drug on the market that reduces the acidity of the body or addresses any kind of nutritional deficiency. The sobering fact is, almost all drugs are acidic, especially antibiotics, and add to the acid residues. And if the drugs were successful at removing acids from an infected area, the acid would migrate to some other weak tissue in the body that will create side effects there, unless the treatment involves the disposal of acids from all body organs. For this reason, today's medical science is pathetic when it comes to the cure for degenerative and metabolic disease.**

### **Cancer Cell Growth Is Caused By Acid**

**Let's look at cancer. If you were to ask an allopathic doctor to explain cancer in a few words, the best that they can come up with after all these years of research is a cell mutation, a missing gene, or maybe a virus causing immuno- suppression. Since cancer is not a localized disease, but a systemic condition, it shows up in the body's weakest link(s).**

**I refer to the body's weakest links as the dead zones because they carry a declining electromagnetic charge. All healthy cells carry an electromagnetic negative charge, but all fermented cells and their acids carry an electromagnetic positive charge.**

**These rotting cells and their acids act like a glue (attracting each other) because opposites attract, causing healthy cells to stick together. This leads to oxygen deprivation where healthy cells begin to rot. This is cancer. It's my conclusion based on years of research and study that cancer and AIDS are nothing more or less than a cellular disturbance of the electromagnetic balance due to acid PH disorganization of the cellular microzymas, their morbid evolution to bacteria, yeast fungus and molds, and their production of exotoxins and mycotoxins. Cancer therefore is a four-letter word — ACID, especially lactic acid as a waste product due to the low oxygen level and waste products of yeast and fungus.**

**Dr. Otto Warburg, two time Nobel Prize winner, stated in his book, The Metabolism of Tumors. that the primary cause of cancer was the replacement of oxygen in the respiratory cell chemistry by the fermentation of sugar. The growth of cancer cells is initiated by a fermentation process, which can be triggered only in the absence of oxygen at the cell level. Just like overworked muscle cells manufacture lactic acid by-products as waste, cancerous cells spill lactic acid and other acidic compounds causing acid pH.**

**If you cover your mouth, oxygen is cut off and carbon dioxide is built up as an acid waste and you will eventually pass out through asphyxiation. And if your body's blood pH goes below seven, oxygen is cut off and you will be put into a coma or death will occur. The blood performs a balancing act in order to maintain the blood pH within a safe range of 7.35 - 7.45. Some cells instead of dying as normal cells do in an acid environment may adapt and survive by becoming abnormal cells like primitive yeast cells. These abnormal primitive yeast cells are called malignant cells. Malignant renegade cells do not communicate with brain function, or with their own DNA memory code. Therefore, malignant cells grow indefinitely and without order. This biological disorder is what science calls cancer This could be improved by an alkaline diet and boosting the immune system.**